

PSHE and RSE Yearly Overview – EYFS -

UN rights focus is on identity and sharing thoughts freely ¹

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Autumn 1	Intro to PSHE –and getting to know each other.	Healthy relationships –All about me	Healthy relationships – What makes me special	Healthy relationships –Me and my special people	Healthy relationships – Who can help me?	Healthy relationships – My feelings	Healthy relationships – My feelings
Autumn 2	Keeping Safe – What’s safe to go onto my body?	Keeping Safe – What’s safe to go into my body (including medicine)	Keeping Safe – Safe indoors and outdoors	Keeping Safe – Listening to my feelings	Keeping Safe – Keeping safe online	Keeping Safe – People who help to keep me safe	
Spring 1	Valuing difference – I’m special, you’re special	Valuing difference – Same and different	Valuing difference – Same and different families	Valuing difference – Same and different homes	Valuing difference – I am caring	Valuing difference – Kind and caring	
Spring 2	Feelings and Emotions - Bouncing back when things go wrong	Feelings and Emotions - Yes, I can!	Feelings and Emotions Healthy Eating	Feelings and Emotions - Healthy Eating (2)	Feelings and Emotions Move your body	Feelings and Emotions - A good night’s sleep	
Summer 1	Growing and changing – Seasons	Growing and changing – Life Stages – plant, animals, humans	Growing and changing – Life Stages – who will I be?	Growing and changing – Where do babies come from?	Growing and changing – Getting bigger	Growing and changing – Me and my body, girls and boys	
Summer 2	Rights and responsibilities - Looking after my special people	Rights and responsibilities - Looking after my friends	Rights and responsibilities - Being helpful at home and caring for our classroom	Rights and responsibilities – Caring for our world	Rights and responsibilities - Looking after money: recognising, spending, using	Rights and responsibilities - Looking after money: saving money and keeping it safe	Left for transition recap.

RSE - Using Life to the full - Yearly Overview (15 minute adult led sessions)

	Week 2	Week 3	Week 4	Week 5
Autumn 2	Story sessions - Handmade with Love	I am me	Heads, shoulders, knees and toes	Ready Teddy?
Spring 1	I like, you like, we all like!	Good feelings, bad feelings	Let’s get real	consolidation session

Spring 2	Role Model	Who's who?	You've got a friend in me	Forever friends
Summer 1	safe inside and out	My body, my rules	Feeling poorly	People who help us
Summer 2	God is love	Loving God, loving others	Me, you and us	Transition session