

PSHE and RHE Yearly Overview – Year 3

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Autumn 1	Healthy relationships -As a rule UN right 4 - making rights real	Healthy relationships -Looking after our special people UN right 9 - keeping families together	Healthy relationships - How can we solve this problem UN right 13 - Sharing thoughts freely	Healthy relationships - Friends are special UN right 2 - No discrimination	Healthy relationships - 'Thanks' UN right 2 - No discrimination	Healthy relationships - Dan's Dare UN right 2 - No discrimination	RSE - Life to the full - Module 1.1 The sacraments UN right 30 - culture, language and religion
Autumn 2	Valuing difference -Respect and challenge UN right 2 - No discrimination	Valuing difference -family and friends UN right 7 - name and nationality	Valuing difference -My community UN right 14 - Freedom of thought and nationality	Valuing difference -Our friends and neighbours UN right 14 - Freedom of thought and nationality	Valuing difference - Let's celebrate our differences UN right 2 - No discrimination	RSE - Life to the full - Module 1.2 -We don't have to be the same UN right 2 - No discrimination	RSE - Life to the full - Module 1.2 - Respecting our bodies UN right 16 - protection of privacy
Spring 1	Keeping safe - safe or unsafe UN right 36 - Protection from exploitation	Keeping safe -Danger or risk UN right 36 - Protection from exploitation	Keeping safe -The super searcher (online safety) UN right 16 - protection of privacy	Keeping safe -Help or harm? UN right 36 - Protection from exploitation	Keeping safe -Alcohol and cigarettes: the facts UN right 33 - Protection from harmful drugs	RSE - Life to the full - Module 1.3 -What am I feeling? UN right 13 - Sharing thoughts freely	RSE - Life to the full - Module 1.3 - What am I looking at? UN right 13 - Sharing thoughts freely
Spring 2	Rights and responsibilities -Helping each others stay safe UN right 26 - social and economic help	Rights and responsibilities – Recount task UN right 26 - social and economic help	Rights and responsibilities –Our helpful volunteers UN right 26 - social and economic help	Rights and responsibilities –Earning money UN right 26 - social and economic help	Rights and responsibilities – Harold's environment UN right 26 - social and economic help	RSE - Life to the full - Story session - Jesus, my friend UN right 30 - culture, language and religion	RSE - Life to the full - Module 2.2 - Friends, family and others UN right 14 - Freedom of thought and nationality

Summer 1	Being my best - Derek cooks dinner <i>UN right 24 - Health, water, food, environment</i>	Being my best -Poor Harold <i>UN right 24 - Health, water, food, environment</i>	Being my best -Body team work <i>UN right 6 - Life, survival, development</i>	Being my best -I am fantastic! <i>UN right 6 - Life, survival, development</i>	Being my best -Top talents <i>UN right 6 - Life, survival, development</i>	RSE - Life to the full - Module 2.3 - sharing online <i>UN right 16 - protection of privacy</i>	RSE - Life to the full - Module 2.3 chatting online <i>UN right 36 - Protection from exploitation</i>
Summer 2	Growing and changing - Relationship tree <i>UN right 6 - Life, survival, development</i>	Growing and changing - Body space <i>UN right 6 - Life, survival, development</i>	Growing and changing - None of your business! <i>UN right 16 - protection of privacy</i>	Growing and changing - Secret or surprise? <i>UN right 6 - Life, survival, development</i>	Growing and changing - My changing body <i>UN right 6 - Life, survival, development</i>	RSE - Life to the full - Module 3.1 - Community of love <i>UN right 14 - Freedom of thought and nationality</i>	RSE - Life to the full - Module 3.1 - What is the church? <i>UN right 30 - culture, language and religion</i>