

# PSHE and RHE Yearly Overview – Year 4

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Autumn 1	Healthy relationships -Human machines  <i><b>UN right 6 - Life, survival, development</b></i>	Healthy relationships- Is it ok or not?  <i><b>UN right 36 - Protection from exploitation</b></i>	Healthy relationships - An email from Harold  <i><b>UN right 36 - Protection from exploitation</b></i>	Healthy relationships - Different feelings  <i><b>UN right 13 - Sharing thoughts freely</b></i>	Healthy relationships - When feelings change  <i><b>UN right 13 - Sharing thoughts freely</b></i>	Healthy relationships - Under pressure  <i><b>UN right 13 - Sharing thoughts freely</b></i>	RSE - Life to the full - Module recap
Autumn 2	Valuing difference -can you sort it?  <i><b>UN right 2 - No discrimination</b></i>	Valuing difference -What would I do?  <i><b>UN right 2 - No discrimination</b></i>	Valuing difference -The people we share our world with  <i><b>UN right 14 - Freedom of thought and nationality</b></i>	Valuing difference -That is such a stereotype!  <i><b>UN right 2 - No discrimination</b></i>	Valuing difference -Friend or acquaintance?  <i><b>UN right 2 - No discrimination</b></i>	RSE - Life to the full - Module 1.2 -what is puberty?  <i><b>UN right 6 - Life, survival, development</b></i>	RSE - Life to the full - Module 1.2 - changing bodies  <i><b>UN right 6 - Life, survival, development</b></i>
Spring 1	Keeping safe - Danger, risk or hazard?  <i><b>UN right 34 - protection from abuse</b></i>	Keeping safe -How dare you!  <i><b>UN right 36 - Protection from exploitation</b></i>	Keeping safe -Keeping ourselves safe  <i><b>UN right 34 - protection from abuse</b></i>	Keeping safe -Picture wise  <i><b>UN right 16 - protection of privacy</b></i>	Keeping safe -Medicines:check the label  <i><b>UN right 33 - Protection from harmful drugs</b></i>	RSE - Life to the full - Module 1.3 -I am thankful  <i><b>UN right 30 - culture, language and religion</b></i>	RSE - Life to the full - Module 1.3 - Life cycles  <i><b>UN right 6 - Life, survival, development</b></i>
Spring 2	Rights and responsibilities -Who helps us stay healthy and safe?  <i><b>UN right 24 - Health, water, food, environment</b></i>	Rights and responsibilities – It’s your right!  <i><b>UN right 4 - making rights real</b></i>	Rights and responsibilities -How do we make a difference?  <i><b>UN right 12 - respecting children’s views</b></i>	Rights and responsibilities -In the news  <i><b>UN right 4 - making rights real</b></i>	Rights and responsibilities – Safety in numbers  <i><b>UN right 26 - social and economic help</b></i>	Rights and responsibilities - Why pay taxes?  <i><b>UN right 26 - social and economic help</b></i>	RSE - Life to the full - Module 2.2 - When things feel bad  <i><b>UN right 13 - Sharing thoughts freely</b></i>

Summer 1	<p>Being my best - What makes me ME!</p> <p><b>UN right 13 - Sharing thoughts freely</b></p>	<p>Being my best -Making choices</p> <p><b>UN right 13 - Sharing thoughts freely</b></p>	<p>Being my best -SCARF hotel</p> <p><b>UN right 13 - Sharing thoughts freely</b></p>	<p>Being my best -Harold's seven Rs</p> <p><b>UN right 13 - Sharing thoughts freely</b></p>	<p>Being my best -Basic first aid</p> <p><b>UN right 24 - Health, water, food, environment</b></p>	<p>RSE - Life to the full - Module 2.3 - safe in my body</p> <p><b>UN right 36 - Protection from exploitation</b></p>	<p>RSE - Life to the full - Module 2.3 drugs, alcohol and tobacco</p> <p><b>UN right 33 - Protection from harmful drugs</b></p>
Summer 2	<p>Growing and changing - Moving house</p> <p><b>UN right 26 - social and economic help</b></p>	<p>Growing and changing - My feelings are all over the place!</p> <p><b>UN right 6 - Life, survival, development</b></p>	<p>Growing and changing - Preparing for changes at puberty</p> <p><b>UN right 6 - Life, survival, development</b></p>	<p>Growing and changing - Secret or surprise?</p> <p><b>UN right 6 - Life, survival, development</b></p>	<p>Growing and changing - Together</p> <p><b>UN right 6 - Life, survival, development</b></p>	<p>RSE - Life to the full - Module 3.1 - How do I love others?</p> <p><b>UN right 30 - culture, language and religion</b></p>	<p>Consolidation session</p>