

PSHE and RHE Yearly Overview – Year 5

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Autumn 1	Healthy relationships -collaboration challenge! UN right 13 - Sharing thoughts freely	Healthy relationships - give and take UN right 13 - Sharing thoughts freely	Healthy relationships - How good a friend are you? UN right 2 - No discrimination	Healthy relationships - Relationship cake recipe UN right 15 - Joining groups	Healthy relationships - Our emotional needs UN right 13 - Sharing thoughts freely	Healthy relationships - Being assertive UN right 13 - Sharing thoughts freely	RSE - Life to the full - Module 1.1 calming the storm UN right 13 - Sharing thoughts freely
Autumn 2	Valuing difference -qualities of friendship UN right 15 - Joining groups	Valuing difference -Kind conversations UN right 2 - No discrimination	Valuing difference -Happy being me UN right 8 -Identity	Valuing difference -The land of the red people UN right 2 - No discrimination	Valuing difference -Is it true? UN right 2 - No discrimination	RSE - Life to the full - Module 1.2 -gifts and talents UN right 8 -Identity	RSE - Life to the full - Module 1.2 - girls bodies UN right 16 - protection of privacy
Spring 1	Keeping safe - Spot bullying UN right 2 - No discrimination	Keeping safe -play, like, share UN right 31 - rest, play, culture	Keeping safe -decision dilemmas UN right 13 - Sharing thoughts freely	Keeping safe -Vaping: healthy or unhealthy? UN right 33 - Protection from harmful drugs	Keeping safe -Would you risk it? UN right 33 - Protection from harmful drugs	RSE - Life to the full - Module 1.3 -Body image UN right 8 -Identity	RSE - Life to the full - Module 1.3 - Peculiar feelings UN right 13 - Sharing thoughts freely
Spring 2	Rights and responsibilities -What's the story? UN right 26 - social and economic help	Rights and responsibilities - Fact of opinion? UN right 26 - social and economic help	Rights and responsibilities -Mo makes a difference UN right 13 - Sharing thoughts freely	Rights and responsibilities -Rights, respect and duties UN right 4 - making rights real	Rights and responsibilities - Spending wisely UN right 26 - social and economic help	RSE - Life to the full - Module 2.2 - Under pressure UN right 36 - Protection from exploitation	RSE - Life to the full - Module 2.2 - Do you want a piece of cake UN right 36 - Protection from exploitation
Summer 1	Being my best - It all adds up! UN right 8 -Identity	Being my best -Different skills UN right 8 -Identity	Being my best -My school community	Being my best -Independence and responsibility	RSE - Life to the full - Module 2.3- sharing isn't always caring	RSE - Life to the full - Module 2.3 - Cyberbullying	RSE - Life to the full - Module 2.3 Types of abuse

			<i>UN right 14 - Freedom of thought and nationality</i>	<i>UN right 13 - Sharing thoughts freely</i>	<i>UN right 36 - Protection from exploitation</i>	<i>UN right 36 - Protection from exploitation</i>	<i>UN right 34 - protection from abuse</i>
Summer 2	<p>Growing and changing - How are they feeling?</p> <p><i>UN right 13 - Sharing thoughts freely</i></p>	<p>Growing and changing -Taking notice of our feelings</p> <p><i>UN right 13 - Sharing thoughts freely</i></p>	<p>Growing and changing - Growing up and changing bodies</p> <p><i>UN right 6 - Life, survival, development</i></p>	<p>Growing and changing - Changing bodies and feelings</p> <p><i>UN right 6 - Life, survival, development</i></p>	<p>Growing and changing - Help Im a teenager...get me out of here!</p> <p><i>UN right 6 - Life, survival, development</i></p>	<p>RSE - Life to the full - Module 3.1 -The Holy trinity</p> <p><i>UN right 30 - culture, language and religion</i></p>	<p>RSE - Life to the full - Module 3.1 -Catholic social teaching</p> <p><i>UN right 30 - culture, language and religion</i></p>