

PSHE and RHE Yearly Overview – Year 6

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7
Autumn 1	Healthy relationships -Working together UN right 15 - Joining groups	Healthy relationships - Solve the friendship problem UN right 2 - No discrimination	Healthy relationships - Behave yourself UN right 2 - No discrimination	Healthy relationships - Assertiveness skills UN right 13 - Sharing thoughts freely	Healthy relationships - Don't force me UN right 36 - Protection from exploitation	Healthy relationships - Acting appropriately UN right 2 - No discrimination	Consolidation session
Autumn 2	Valuing difference OK to be different UN right 8 -Identity	Valuing difference -We have more in common than not UN right 2 - No discrimination	Valuing difference -Respecting differences UN right 2 - No discrimination	Valuing difference -Tolerance and respect for others UN right 2 - No discrimination	Valuing difference -Boys will be boys? Challenging gender stereotypes UN right 2 - No discrimination	RSE - Life to the full - Module 1.2 -Boys bodies UN right 16 - protection of privacy	RSE - Life to the full - Module 1.2 - Spots and sleep UN right 6 - Life, survival, development
Spring 1	Keeping safe - Think before you click UN right 36 - Protection from exploitation	Keeping safe -To share or not to share UN right 36 - Protection from exploitation	Keeping safe -What sort of drug is....? UN right 33 - Protection from harmful drugs	Keeping safe -Drugs: it's the law! UN right 33 - Protection from harmful drugs	Keeping safe -Alcohol:What is normal? UN right 33 - Protection from harmful drugs	RSE - Life to the full - Module 1.3 -Emotional changes UN right 6 - Life, survival, development	RSE - Life to the full - Module 1.3 - Seeing stuff online UN right 36 - Protection from exploitation
Spring 2	Rights and responsibilities –Two sides to every story UN right 13 - Sharing thoughts freely	Rights and responsibilities – Fakebook friends UN right 36 - Protection from exploitation	Rights and responsibilities – What's it worth? UN right 26 - social and economic help	Rights and responsibilities – Happy shoppers UN right 26 - social and economic help	Rights and responsibilities – Democracy in Britain UN right 26 - social and economic help	RSE - Life to the full - Module 2.2 - Self talk UN right 13 - Sharing thoughts freely	RSE - Life to the full - Module 2.2 -Build others up UN right 15 - Joining groups
Summer 1	Being my best - This will be your life! UN right 8 -Identity	Being my best -Our recommendations	Being my best -What's the risk?	Being my best -Basic first aid	RSE - Life to the full - Module 2.3 - Impacted lifestyles	RSE - Life to the full - Module 2.3 - Making good choices	RSE - Life to the full - Module 2.3 Giving assistance

		<i>UN right 6 - Life, survival, development</i>	<i>UN right 34 - protection from abuse</i>	<i>UN right 24 - Health, water, food, environment</i>	<i>UN right 13 - Sharing thoughts freely</i>	<i>UN right 13 - Sharing thoughts freely</i>	<i>UN right 26 - social and economic help</i>
Summer 2	Growing and changing - I look great! <i>UN right 8 -Identity</i>	Growing and changing -Media manipulation <i>UN right 36 - Protection from exploitation</i>	Growing and changing - Pressure online <i>UN right 36 - Protection from exploitation</i>	Growing and changing - Helpful or unhelpful? Managing change <i>UN right 6 - Life, survival, development</i>	Growing and changing - Is this normal? <i>UN right 6 - Life, survival, development</i>	Growing and changing - Making babies <i>UN right 6 - Life, survival, development</i>	RSE - Life to the full - Module 3.1 -Reaching out <i>UN right 13 - Sharing thoughts freely</i>