



ST MARY'S Catholic Primary School Newsletter



3rd October 2025

St Mary's Catholic Primary School, Amphill Road, Ryde, Isle of Wight. PO33 1LJ 01983 562000 www.stmaryspri.co.uk

Celebration of the word

Jesus teaches that even a little bit of faith, the size of a tiny mustard seed, can do amazing things because it's God who has the power, not us. He also explains that when we serve God and do what is right, we are simply doing our duty and shouldn't expect special thanks, like a servant who has only done what they were told. **Luke 17:5-10**

Dear families,

It's been another busy week here at school. On Tuesday, Year 6 were visited by Mr Doyle from Lift Ryde to discuss secondary school and what happens in Year 7. This really made the children less anxious about the transition next year and the children became excited about what they would be doing next year.

Thank you to those families that joined us for Mass on Wednesday. It was lovely to welcome our community to join us in this special occasion.

Today we welcomed CAFOD, the catholic charity who are working closely with us with a whole school assembly and class workshops on their important charity work. Children discussed how they could also support the charity so please speak to them tonight about their ideas.

On Monday, we are welcoming the mental health support team back to St Mary's. They will be undertaking a parent workshop to launch everything they have to offer parents to support their children. Please come along to discuss anything you think they might be able to help with. This will take place in the school hall at 8.45am.

Just a reminder that our Harvest Liturgy day and parent café is next Friday at 8.45am. In order to support this, we are requesting an offering for harvest as a collection. We would request that families donate any dry or tinned produce. If you could send this into school between the 3rd and 10th October.

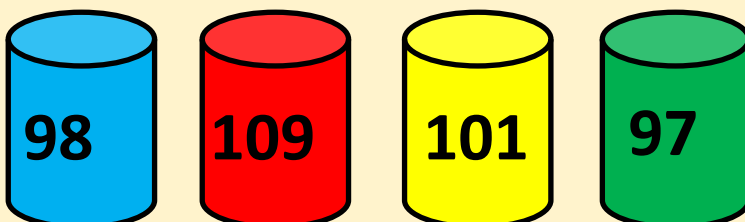
Next Friday 10th is also go yellow day, where children can wear yellow and donate for the hospice, which is such an important charity on the island.

We hope you have a brilliant weekend.

Mrs Broome

House Point Totals

Well done to **St Josephine's house** who were the winning house this week!



Our School Lottery

Support our school and
buy your chance to win
here -

[https://
www.yourschoollottery.co.uk/
lottery/school/st-marys-
catholic-primary-school.](https://www.yourschoollottery.co.uk/lottery/school/st-marys-catholic-primary-school)

LIVE LOVE BELIEVE

PHYSICAL EDUCATION

AUTUMN 1 2025

MONDAY

YEAR TWO

TUESDAY

YEAR THREE & EYFS

WEDNESDAY

YEAR ONE & FIVE

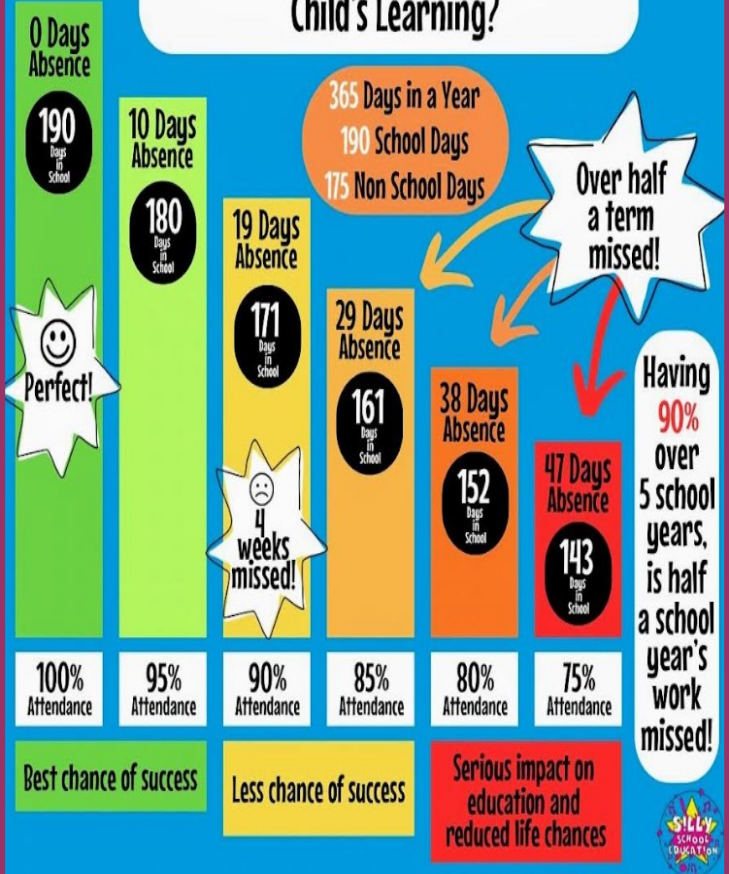
THURSDAY

YEAR FOUR & SIX

FRIDAY

EYFS & YEAR ONE

How Does School Attendance Affect a Child's Learning?



Attendance and Lateness

School target 96%

This weeks whole school attendance **91.5%**

EYFS = 96% & 3 lates

Year 1 = 86.5% & 5 lates

Year 2 = 83% & 9 lates

Year 3 = 93% & 7 lates

Year 4 = 95.6% & 3 lates

Year 5 = 90% & 6 lates

Year 6 = 98.4% & 10 lates

Well done **Year 6!** Great work!





WELCOME TO OUR



PHONE-FREE



SCHOOL!



At St Mary's, we believe in:



Talking and playing
with friends



Focusing on
learning



Using imagination
and creativity

Enjoying the
world around us



“More smiles, less screens!”



Parents, please leave your phones
at home whilst on school site.

Together, we make our school a happier, healthier space!

Diary Dates 25-26

NEW DATES WILL BE ADDED IN RED

Monday 6th October—8.45am—Mental health support team coffee morning -all parents welcome

Friday 10th October—Go Yellow day—Mufti day for the Hospice.

Friday 10th October @ 8.45—Harvest Liturgy and parent cafe—all parents welcome. Donations of dry/ tinned food needed for Aspire.

Monday 20th October - Half term starts

Monday 3rd November - Back to school

Wednesday 3rd December—whole school mass—parents invited

Monday 8th December - EYFS/KS1 Nativity performance (PM)

Tuesday 9th December - EYFS/KS1 Nativity performance (AM)

Wednesday 10th December—KS2 singing at the church.

FREE SCHOOL MEALS

Have your circumstances changed? Could you now be entitled to Free School Meals?

To apply online please go to:

www.iow.gov.uk/council/OtherServices/Free-School-Meals/Key-Stage-1-and-2

Medical Appointments & Leave of Absence Requests

If your child has a hospital/dental appointment, please ensure you have notified the school office of the time and date and handed in a copy of the medical letter or appointment card.

Leave of absence request forms for holidays/ funerals etc. are available upon request at the school office.



We are a cashless school and only accept payments through Compass. Please contact the office if you need to set this up. Please use this service to pay for:

School dinners

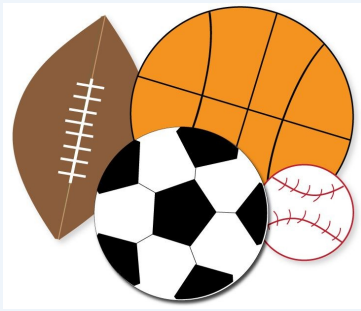
After school clubs

Trips and visits

Free parking!

Free parking permits are available from the school office for the local canoe lake car park.

We urge all parents that need to drive to and from school to use this service as parking around the school site is limited and our local residents still require access to their property at all times.



Our Sports round up



U11s boys football league match

U11s Off to a Strong Start!

In a tightly contested first game, the team narrowly lost 3-2 to a well-matched Nettlestone side. The match was full of energy and effort from both teams, with Ashton opening the scoring for us — a great way to start the season! A key moment came in the second half when Finlay made a vital penalty save, keeping the game alive and showcasing some brilliant goalkeeping under pressure

In the second match, they bounced back with a brilliant 4-2 win over Wroxall. Nicky netted three goals, and Monty added another in a great team performance. Fantastic effort, teamwork, and spirit from the whole squad — a great start to the season!

Thank you to Mr John for reffing the matches and for helping to build confidence in our team.



Message from our Pre-school:

This week we have been playing with some new toys we had donated. A lovely new train track and shop.

We also tried some Carrot soup made by our friends in the Woodland Room. We have had new friends join Pre school too.

Our number this week was three.



School dinner menu

**AUTUMN/WINTER
2025 MENU**

WEEK 1

W/C: 03/11/2025, 24/11/2025, 15/12/2025, 19/01/2026, 09/02/2026, 09/03/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Potato Wedges 🌱	Beef Bolognese with Wholewheat Pasta 🍷🍷	Roast Pork with Roast Potatoes and Gravy	Chinese Sticky Lemon Chicken with Wholegrain Rice 🍷🍷	Fish Fingers with Chips
	OPTION 2	BBQ Vegetable Wrap with Potato Wedges 🌱🍷	Vegetarian Bolognese with Wholewheat Pasta 🌱🍷🍷	Roast Quorn with Roast Potatoes and Gravy 🌱	Cheesy Vegetable Hotpot 🌱	Quorn Dippers with Chips 🌱
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱🍷
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI	OPTION 4	Ham, Cheese or Tuna Baguette with Mixed Salad 🌱	Ham, Cheese or Tuna Baguette with Mixed Salad 🌱	Ham, Cheese or Tuna Baguette with Mixed Salad 🌱	Ham, Cheese or Tuna Baguette with Mixed Salad 🌱	Ham, Cheese or Tuna Baguette with Mixed Salad 🌱
	DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT		Crunchy Apple Slice 🌱	Strawberry Shortcake Mousse	Apple Crumble with Custard 🌱	Chocolate Ice Cream	Oat Cookie 🌱



BAKED POTATOES SERVED DAILY
With a choice of toppings 🍷🍷



AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

🌱 Vegetarian 🍷 Vegan 🍷 Oily Fish 🍷 Fruity! 🍷 Wholegrain 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Chartwells
Schools

WALL 10.2024

**AUTUMN/WINTER
2025 MENU**

WEEK 2

W/C: 10/11/2025, 01/12/2025, 05/01/2026, 26/01/2026, 23/02/2026, 16/03/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Macaroni Cheese 🌱	Pork Sausages with Mashed Potatoes and Gravy	Roast Chicken with Roast Potatoes and Gravy	Chicken and Vegetable Korma with Wholegrain Rice 🍷🍷	Battered Fish with Chips
	OPTION 2	Veggie Burrito with Wholegrain Rice 🌱🍷🍷	Vegetarian Sausage with Mashed Potatoes and Gravy 🌱	Sweet Potato, Chickpea and Herb Roast with Roast Potatoes and Gravy 🌱🍷	Cheese and Tomato Pizza with Pasta Salad 🍷🌱	Quorn Dippers with Chips 🌱
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱🍷
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI	OPTION 4	Ham, Cheese or Tuna Baguette with Mixed Salad 🌱	Ham, Cheese or Tuna Baguette with Mixed Salad 🌱	Ham, Cheese or Tuna Baguette with Mixed Salad 🌱	Ham, Cheese or Tuna Baguette with Mixed Salad 🌱	Ham, Cheese or Tuna Baguette with Mixed Salad 🌱
	DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT		Chocolate Caramel Crunch	Banana Flapjack 🌱🍷	Chocolate Brownie 🌱	Raspberry Jelly 🌱	Strawberry Ice Cream



BAKED POTATOES SERVED DAILY
With a choice of toppings 🍷🍷



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Chartwells
Schools

WALL 10.2024

School dinner menu

AUTUMN/WINTER 2025 MENU		WEEK 3				
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Pasta Salad 🌱 🌱	Chicken and Broccoli Pasta Bake With Garlic Bread 🍷 🌱	Roast Gammon with Roast Potatoes and Gravy	BBQ Chicken with Rainbow Rice	Fish Fingers with Chips
	OPTION 2	Veggie Meat Feast Pizza with Pasta Salad 🌱 🌱	Macaroni Cheese 🌱	Vegetable Pastry Slice with Roast Potatoes and Gravy 🌱	Spanish Vegetable Rice 🍷 🌱	Quorn Dippers with Chips 🌱
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱 🌱	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta 🌱 🌱
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI	OPTION 4	Ham, Cheese or Tuna Baguette with Mixed Salad 🌱	Ham, Cheese or Tuna Baguette with Mixed Salad 🌱	Ham, Cheese or Tuna Baguette with Mixed Salad 🌱	Ham, Cheese or Tuna Baguette with Mixed Salad 🌱	Ham, Cheese or Tuna Baguette with Mixed Salad 🌱
	DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT		Chocolate Marble Cake 🌱	Apple Crumble with Custard 🌱	Lemon Cookie 🌱	Crunchy Chocolate Mousse	Strawberry Jelly 🌱

BAKED POTATOES SERVED DAILY
With a choice of toppings 🍷 🌱

AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

🌱 Vegetarian 🌱 Vegan 🍷 Oily Fish 🌱 Fruity! 🌱 Wholegrain 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Chartwells Schools

Are you entitled to free school meals?

If you receive any of the following, you can claim free school meals and the school can access additional funding too!

- Income support
- Income based jobseekers allowance
- Income-related employment and support allowance
- Guaranteed pension credit
- Support under part 5 of the immigration and asylum Act 1999
- Universal credit (with an annual net income of no more than £7,400)
- Child tax credit, provided the parent is not entitled to working tax credit and have an annual income, as assessed by HMRC, which does not exceed £16,190.
- Where a parent is entitled to working tax credit run-on (the payment someone receives for a further four weeks after they stop qualifying for working tax credit)

Registering for free school meals could raise an extra £1320 to fund valuable support like extra resources, additional teaching staff or after school activities. This is why it is so important to sign up!

We have forms to complete to make this happen, so please come and fill one in!

St Mary's Catholic Primary School Uniform

For all pupils:

Navy polo shirt with logo

Navy round neck sweatshirt

Navy cardigan

(Jumpers and Cardigans may be worn without a logo if wished. However, if you wish to you can purchase them from Kids and Co. with a logo or take the item bought elsewhere to Kids and Co. who for a small fee will add the school logo.)

Warm navy-blue tracksuit bottoms (not shiny or branded ones)

These items may be worn in warm weather but you always need to bring in the tracksuit bottoms so we can access the woods easily

Grey knee length skirt

Grey knee length pinafore

Grey shorts

Blue and white checked dress

White or grey socks / tights

Black shoes – the shoes need to be robust so that when the children are outside at lunch or break time as well as when outside learning their feet are supported. Ballet style shoes or ill-fitting shoes do not provide this support and should not be worn.

The shoes must be plain black with no decoration. They may be trainer styled shoes.

PE Kit

School PE Logo top

Navy shorts/skorts

Plain black trainers (Please provide non-laced ones until your child is able to tie their own laces)

Navy tracksuit bottoms

Navy sweatshirt/hoody

Hair

The children should wear their hair simply. This means no extreme haircuts including sculpting or shaved designs. No colour in hair. Hair bands and clips should be plain and small.

One small pair of earrings may be worn – if the child is not able to take them out they will be covered in tape during PE

Temporary tattoos, make up, other jewellery, nail varnish and festival bands should not be worn at school.

All uniform may be purchased from Kids and Co in Ryde - <https://www.kidsandcodirect.co.uk/>

Finally, please name all items. If you use pen to name the items, you will know that you need to write the name again several times throughout the year as it does wash out.



School Development Days

Monday 1st September 2025

Tuesday 2nd September 2025

Monday 29th September 2025

Monday 5th January 2025

Community News

Are you a Parent or Carer of a child aged 6-12 years?

Does your child have a diagnosis of ADHD and are they experiencing sleep problems?



The University Hospital of Southampton and Southampton Clinical Trials Unit are running a study. The study aims to test whether a new **website Sleep Buddy**, which has been designed by medics and psychologists, improves sleep problems in children aged 6-12 years with an ADHD diagnosis.

You can take part if...

- ✓ Your child is aged 6-12 years.
- ✓ Your child has a diagnosis of ADHD (including ADD).
- ✓ You have noticed that your child is experiencing problems falling asleep.
- ✓ You can read and understand English without assistance.

How do I find out more?

Visit the **study website** by scanning the QR Code, or follow this link: https://www.trial-deck.com/trial/sleepbuddy?reg_code=PTWrxDdl5a

You can also **contact the study researcher** by calling 0330 1334 689 or emailing sleepbuddysupport@soton.ac.uk.



University Hospital Southampton
NHS Foundation Trust



NIHR | National Institute for Health and Care Research



Hampshire and Isle of Wight Healthcare
NHS Foundation Trust

Sleep Buddy Flyer Southampton Hub- Community Paediatric Nursing (Schools)

Version 1.08 December 2024

Community News

WESTOVER

FARM PUMPKINS

PICK YOUR OWN PUMPKIN PATCH

- Hot & cold refreshments
- Free entry & parking
- Photo opportunities
- Kids scavenger hunt
- Play area
- Pumpkin carving
- Face painting
- Pick your own sweetcorn

October 2025

4th - 5th

10th - 12th

17th - 19th

22nd - 26th

29th - 31st

@WestoverFarmIW

www.westoverfarm.godaddysites.com

Westover Farm, Calbourne, IW. PO30 4JW

Please note: Patch may close in bad weather, updates are posted on social media.

Friday mornings are ticket only-payable in advance.



Community News

Pumpkin Patch Playtime for Little Pumpkins

Join us on Friday mornings for a
special Pumpkin Patch Playtime session
for Little Pumpkins.

Fridays 10am - 12pm

Tickets cost £10 per child and include:

Entry to the pumpkin play patch

Hot chocolate and storytime

Pumpkin crafts

Patch scavenger hunt

Goody bag

To book: <https://westover-farm-pumpkins.sumupstore.com>

WESTOVER
FARM PUMPKINS

@WestoverFarmIW

Westover Farm, Calbourne. IW. PO30 4JW

Patch may close in bad weather, updates are posted on social media.

Community News

LIGHT PARTY

SOFT PLAY
ASPIRE
&
CAFE

0-11 YEARS

£5 PER CHILD

ALL SAINTS RYDE

PHOTO ZONE

PARTY GAMES

SOFT PLAY

FANCY DRESS
PLEASE NO HALLOWEEN COSTUMES

LET'S GLOW

IN PARTNERSHIP WITH ALL SAINTS CHURCH

GLITTER TATTOOS AND FACE GLITTER

OCTOBER 31ST
FRIDAY | 1-3PM

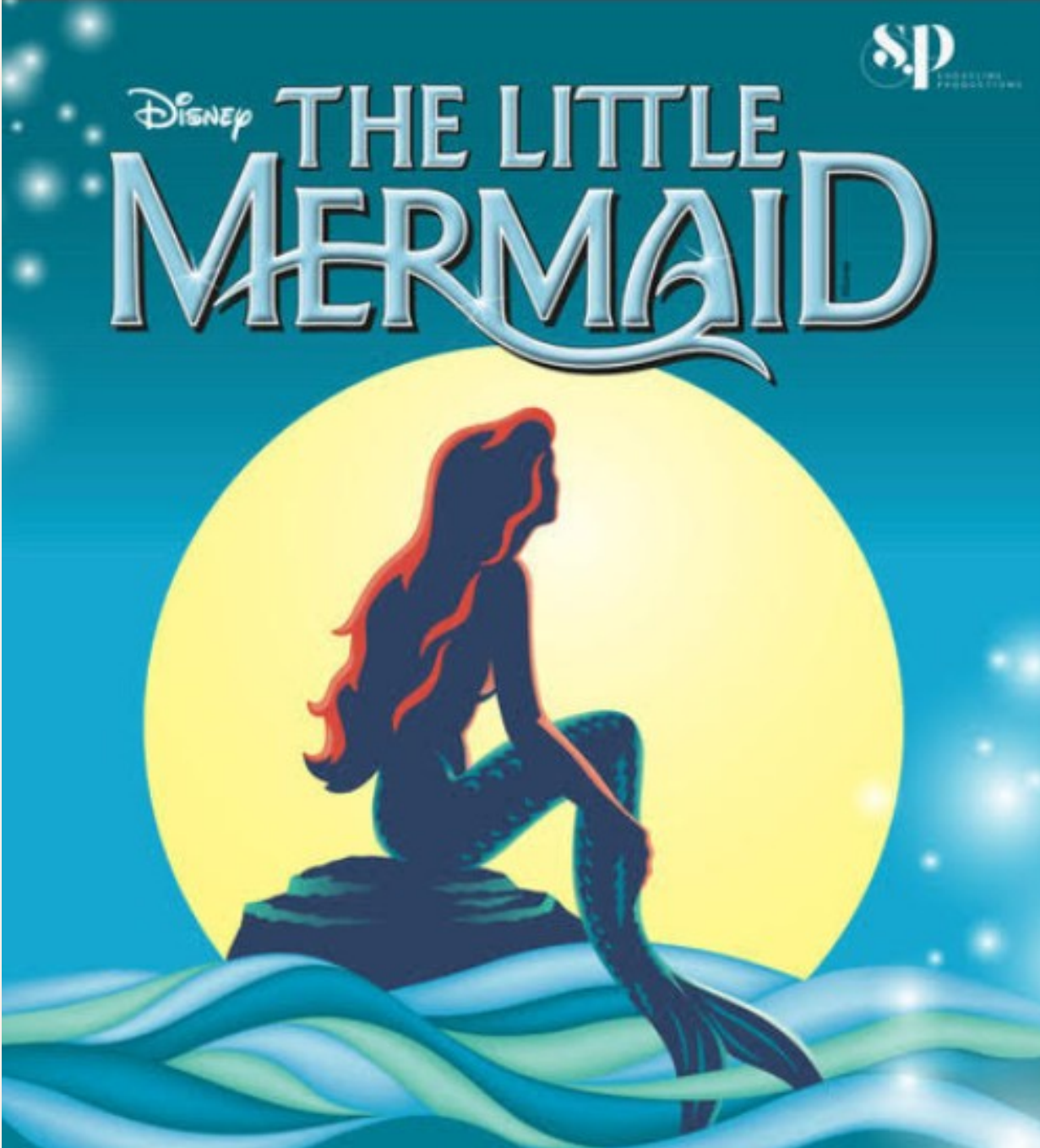
BOOK ONLINE OR USE THE QR CODE

WWW.TRYBOOKING.COM/UK/FEZD

ASPIRE SOFT PLAY, DOVER STREET, RYDE

CHARITY NUMBER 1163336

Community News



The poster features a central illustration of Ariel, the mermaid, sitting on a rock and looking out at the sea. She has long, flowing red hair and a blue mermaid tail. The background is a deep blue with a large, bright yellow sun or moon behind her. The water is depicted with stylized, wavy lines in shades of blue and green. The overall aesthetic is classic and whimsical.

Disney THE LITTLE MERMAID

Music by ALAN MENKEN **Lyrics by HOWARD ASHMAN & GLENN SLATER** **Book by DOUG WRIGHT**

Based on the Hans Christian Andersen story and the Disney film produced by Howard Ashman & John Musker and written & directed by John Musker and Ron Clements

13 - 16 NOV 2025 SHANKLIN THEATRE

This amateur production is presented by arrangement with Music Theatre International
All authorised performance materials are also supplied by MTI

Community News



Lift
Ryde

**Lift Ryde
Open Evening
October 8th
4:00pm - 7:00pm**

Parent Presentations 4:30pm and 5:30pm



Priory School
Independent 4 - 16 Co-educational School

Open Mornings

9.30am - 12.00pm

2 October 2025 | 5 February 2026 | 30 April 2026

01983 861222 | prioryschool.org.uk | mail@prioryschool.org.uk