

ST MARY'S Catholic Primary School Newsletter



25th September 2026

St Mary's Catholic Primary School, Amphill Road, Ryde, Isle of Wight. PO33 1LJ 01983 562000 www.stmaryspri.co.uk

Celebration of the word—This week's gospel is Luke 1:26-38 tells the story of the Annunciation, where the angel Gabriel visits the virgin Mary to announce that she will miraculously give birth to Jesus, the Son of God.

Dear families,

This week has been amazing at St Mary's..

We have started off this year's football matches with a bang! Our first game resulted in St Mary's 7 - 0 Nettlestone . Our second game resulted in St Mary's 1 - 0 Wootton. We couldn't be happier with the boys who played on Wednesday, they showed great determination, great spirit, great sportsmanship and many more qualities. A huge thank you to Mr John and Mr Tanner for making this happen. We are looking forward to what's next!

Today is national teaching assistants day! We wanted to take the time to celebrate all of our wonderful teaching assistant at St Mary's, who support our children brilliant everyday! We appreciate everything you do!

Today we also celebrated European day of languages, where each class choose a language to study that is represented by children across our school. Teachers and children learned new words, sang songs and find out more about their chosen country. It is so important to celebrate the diverse cultures and languages we have within our school and this is a wonderful way to do this.

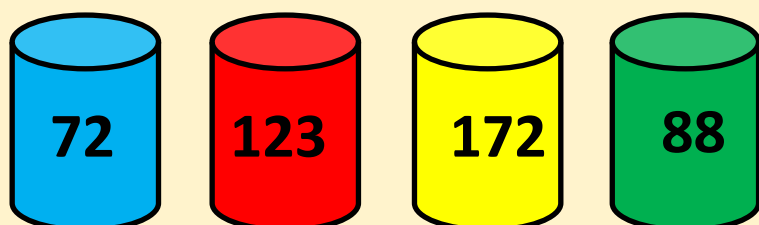
On Friday 9th October we will be holding a Harvest celebration straight after school. This will include lots of stalls and games that you can all take part in. All we ask is that you make a food donations in exchange for a non-uniform day (see attached posters in this newsletter for more information).

Have a brilliant weekend

Mrs Broome

House Point Totals

Well done St David's House!



Our School Lottery

Support our school and
buy your chance to win
here -

[https://
www.yourschoollottery.co.uk/
lottery/school/st-marys-
catholic-primary-school.](https://www.yourschoollottery.co.uk/lottery/school/st-marys-catholic-primary-school)

LIVE LOVE BELIEVE

Attendance and Lateness

School target 96%

This Week's whole school attendance **93.4%**

EYFS = **90%** 1 Late

Year 1 = **98%** 3 Lates

Year 2 = **86.8%** 4 Lates

Year 3 = **97%** 2 Lates

Year 4 = **95%** 1 Late

Year 5 = **95%** 3 Lates

Year 6 = **95.3%** No lates

Well done Year 1! Keep up the good work!

New school rules from September 1 with fines 'per parent, per child'

The new Attendance Baseline Improvement Expectations (ABIEs) establish minimum improvement expectations on a year-by-year basis

Schools must consider issuing fines if a child accumulates **five or more** unauthorised absences

Fines amount to **£80** if settled within 21 days, or **£160** if paid within 28 days, per parent per child

Should a parent receive a second fine for the same child within three years, the cost rises to **£160** immediately

For a third unauthorised absence, further measures such as prosecution may be considered, potentially resulting in a penalty of up to **£2,500**, or a custodial sentence of up to **three months**

Source: The Department for Education



Diary Dates 26-27

NEW DATES WILL BE ADDED IN RED

Friday 2nd October—Year 1 phonics parent information session @ 8.45am

Friday 9th October—EYFS phonics parent information session @ 8.45am

Friday 9th October—Harvest Celebration (FOSMA) 3.00—4.30pm in the hall

Friday 16th October—School closed—staff development day

October half term—Monday 19th October—Friday 30th October

Monday 2nd November—Children return to school

NEW DATE—Thursday 5th November—BMX workshop day

Monday 16th November—Flu immunisations

Thursday 26th November—School disco

Wednesday 2nd December—Advent Mass

Monday 14th December—EYFS/KS1 Nativity Performance (PM)

Tuesday 15th December—EYFS/KS1 Nativity Performance (AM)

Friday 18th December—Last day of the term

Christmas Holidays—Monday 21st December—Friday 1st January

Monday 4th January—Children return back to school.

Medical Appointments & Leave of Absence Requests

If your child has a hospital/dental appointment, please ensure you have notified the school office of the time and date and handed in a copy of the medical letter or appointment card.

Leave of absence request forms for holidays/ funerals etc. are available upon request at the school office.



We are a cashless school and only accept payments through Compass. Please contact the office if you need to set this up. Please use this service to pay for:

School dinners

After school clubs

Trips and visits

Free parking!

Free parking permits are available from the school office for the local canoe lake car park.

We urge all parents that need to drive to and from school to use this service as parking around the school site is limited and our local residents still require access to their property at all times.



BoomReader

BOOMREADER: A QUICK GUIDE FOR PARENTS

Record your child's reading in seconds.



1 Download

Search for 'BoomReader Parents' in your app store.



2 Create your account

Use your own email address.



3 Connect your child

Use the School Code and your child's unique PIN from the letter sent home by school.



4 Log reading

Tap + to add a book or reading log. Record the page numbers and add a comment if useful. Use the Finished Book option when your child completes the book.



Multiple children?

Connect all your children's reading diaries in one parent account and switch between them.



No smartphone?

Use the BoomReader web app in your browser. Your same parent account works on mobile and web.



You'll need

Your email address + the school letter with your child's School Code/PIN.



Need help?

Contact your school or parents@boomhub.app



Find out more:

boomreader.co.uk/parents

Meet our FLO (Family liaison Officer)



I am Ellie Obbard and I am the family liaison officer for St Mary's. I currently work on a Thursday at school and I can offer support to families for the following:

Friendly support — Someone you can talk to about any worries, big or small. FLOs listen, understand and help you find a way forward.

Help with attendance — I can work with you to understand any barriers to getting your child into school and help improve attendance in a supportive, non-judgemental way.

Behaviour and wellbeing guidance — I can offer ideas to support behaviour at home, emotional needs, or refer you to Early Help or health services if needed.

Signposting to services — I connect families with local and national support such as housing, debt advice, welfare, bereavement services, parenting courses or adult learning.

Practical help — Support with form-filling, online applications, secondary transfer, or understanding school policies and procedures.

Support during challenges — I can meet with you 1:1 and advocate for your family when working with school staff or other agencies.

Help with financial barriers — Advice or signposting for help with costs such as clubs, trips or uniforms

If you feel that I can help you or your family, please pop into the office and leave a message and I will get in contact and arrange a meeting.

Meet our practitioners

EMHP = Education Mental Health Practitioner CWP = Child Wellbeing Practitioner
HI = High Intensity CBT = Cognitive Behavioural Therapy

mental health support TEAM

Name	Role
Mel Smith	Clinical Lead
Charlotte Young	Clinical Team Leader
Sarah Murgatroyd	HI CBT Therapist
Tim Goddard	Senior Practitioner
Sophia Preston	Senior Practitioner
Aaron Youngson-Haynes	EMHP with enhanced skills training
Maddie Nadstawek	EMHP
Harriet Batley	EMHP
Kirsty Bamford	EMHP
Aaron Doncaster	EMHP
Chelsea Harrison	EMHP
Claire Edmonston	CWP
Carly Rees	Trainee EMHP
Hope Roberts	Trainee EMHP

We are continuing to work with the mental health support team , who will e providing workshops for the children across the school to promote positive mental health.

We can also refer for child and family support where they can offer support within school time through cognitive behaviour therapy. Please let us know if you feel you and/ or your child would benefit from this support, please let us know.

Join the **FOSMA** fun!

Friends of St Mary's needs more volunteers

If you have an hour or two to spare, we'd be really grateful for your support. Help us plan in advance or volunteer at any of the events below.

1

Randonnee Cake Stall



 Sunday 6th September • Spare whatever time you can between 9am and 4pm. Kids welcome too!

 Help run our cake stall, it's good fun!



2

School Autumn Fayre



 Friday 9th October • 3pm–4.30pm

Set up • run stalls • serve refreshments •
sell raffle tickets • help to pack away



3

School Christmas Disco



 Thursday 26th November • 4.30pm–7pm

Keep an eye on the children • sell treats in
the tuck shop • serve drinks • help with set
up and clean up



Can you help with the planning or at an event?

Get in touch at fosma@stmaryspri.co.uk or by messaging

Cath on 07811 320835



School dinner menu

**SPRING/SUMMER
2026 MENU**

WEEK 1

W/C: 13/04/2026, 04/05/2026, 01/06/2026, 22/06/2026, 13/07/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Potato Wedges 🌱	Beef Bolognese with Wholewheat Pasta 🍷🍷	Roast Chicken with Roast Potatoes and Gravy 🍷	I.O.W Pork Sausages with Mashed Potato and Gravy	Fish Fingers with Chips
	OPTION 2	BBQ Vegetable Wrap with Wholegrain Rice 🌱🍷🍷	Vegetarian Bolognese with Wholewheat Pasta 🌱🍷🍷	Roast BBQ Quorn with Roast Potatoes and Gravy 🌱	Macaroni Cheese 🌱🍷	Quorn Dippers with Chips 🌱
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🌱🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🌱🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🌱🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🌱🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🌱🍷
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI	OPTION 4	Baguettes Choice of either Ham, Cheese or Tuna 🌱	Baguettes Choice of either Ham, Cheese or Tuna 🌱	Baguettes Choice of either Ham, Cheese or Tuna 🌱	Baguettes Choice of either Ham, Cheese or Tuna 🌱	Baguettes Choice of either Ham, Cheese or Tuna 🌱
DELI DISHES ARE SERVED WITH MIXED SALAD						
DESSERT		Chocolate Brownie 🌱	Oat Cookie 🌱	Strawberry Shortcake Mousse	Vanilla Slice with Melon Wedges 🌱	Chocolate Ice Cream



BAKED POTATOES SERVED DAILY
With a choice of toppings 🌱🍷🍷



AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water



Chartwells
Schools

🌱 Vegetarian 🍷 Vegan 🍷🍷 Oily Fish 🍷 Fruity! 🍷 Wholegrain 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Menu 135 (2026)

**SPRING/SUMMER
2026 MENU**

WEEK 2

W/C: 20/04/2026, 11/05/2026, 08/06/2026, 29/06/2026, 20/07/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Potato Wedges 🌱	Beef Burger with Potato Wedges	Roast Gammon with Roast Potatoes and Gravy	Chicken and Vegetable Korma with Wholegrain Rice 🍷🍷	Fish Fingers with Chips
	OPTION 2	Tex Mex Vegetable Fajita with Wholegrain Rice 🌱🍷🍷	Beany Vegetable Burger with Potato Wedges 🌱🍷	Bean and Cheese Pastry Turnover with Roast Potatoes and Gravy 🌱	Macaroni Cheese 🌱🍷	Quorn Dippers with Chips 🌱
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🌱🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🌱🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🌱🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🌱🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🌱🍷
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI	OPTION 4	Baguettes Choice of either Ham, Cheese or Tuna 🌱	Baguettes Choice of either Ham, Cheese or Tuna 🌱	Baguettes Choice of either Ham, Cheese or Tuna 🌱	Baguettes Choice of either Ham, Cheese or Tuna 🌱	Baguettes Choice of either Ham, Cheese or Tuna 🌱
DELI DISHES ARE SERVED WITH MIXED SALAD						
DESSERT		Banana Oat Bite 🌱	Lemon Cookie 🌱	Caramel Mousse	Chocolate Brownie 🌱	Strawberry Ice Cream



BAKED POTATOES SERVED DAILY
With a choice of toppings 🌱🍷🍷



AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water



Chartwells
Schools

🌱 Vegetarian 🍷 Vegan 🍷🍷 Oily Fish 🍷 Fruity! 🍷 Wholegrain 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Menu 136 (2026)

School dinner menu

SPRING/SUMMER 2026 MENU		WEEK 3 W/C: 27/04/2026, 18/05/2026, 15/06/2026, 06/07/2026, 27/07/2026				
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Pasta Salad 🌱 🍷	All Day Breakfast with Potato Wedges	Roast Chicken with Roast Potatoes and Gravy 🍷	Lasagne with Garlic Bread 🍷 🍷	Fish Fingers with Chips
	OPTION 2	Veggie Meat Feast Pizza with Pasta Salad 🌱 🍷	Cheesy Bean Burrito with Wholegrain Rice 🌱 🍷 🍷	Vegetarian Cottage Pie with Gravy 🌱 🍷	Vegetable Lasagne with Garlic Bread 🌱 🍷 🍷	Quorn Dippers with Chips 🌱
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🌱 🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🌱 🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🌱 🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🌱 🍷	Tomato Pasta Fresh, homemade Tomato Sauce with Wholewheat Pasta 🌱 🍷
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI	OPTION 4	Baguettes Choice of either Ham, Cheese or Tuna 🌱	Baguettes Choice of either Ham, Cheese or Tuna 🌱	Baguettes Choice of either Ham, Cheese or Tuna 🌱	Baguettes Choice of either Ham, Cheese or Tuna 🌱	Baguettes Choice of either Ham, Cheese or Tuna 🌱
DELI DISHES ARE SERVED WITH MIXED SALAD						
DESSERT		Custard Shortbread with Melon Wedges 🌱	Strawberry Jelly	Chocolate Mousse	Vanilla Ice Cream	Banana Flapjack 🌱

BAKED POTATOES SERVED DAILY
With a choice of toppings 🌱 🍷 🍷

AVAILABLE DAILY
Fresh fruit, salad, yoghurt and water

Vegetarian
 Vegan
 Oily Fish
 Fruity!
 Wholegrain
 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

Are you entitled to free school meals?

If you receive any of the following, you can claim free school meals and the school can access additional funding too!

- Income support
- Income based jobseekers allowance
- Income-related employment and support allowance
- Guaranteed pension credit
- Support under part 5 of the immigration and asylum Act 1999
- Universal credit (with an annual net income of no more than £7,400)
- Child tax credit, provided the parent is not entitled to working tax credit and have an annual income, as assessed by HMRC, which does not exceed £16,190.
- Where a parent is entitled to working tax credit run-on (the payment someone receives for a further four weeks after they stop qualifying for working tax credit)

Registering for free school meals could raise an extra £1320 to fund valuable support like extra resources, additional teaching staff or after school activities. This is why it is so important to sign up!

We have forms to complete to make this happen, so please come and fill one in!

Uniform Expectations

St Mary's Catholic Primary School Uniform

For all pupils:

Navy polo shirt with logo

Navy round neck sweatshirt

Navy cardigan

(Jumpers and Cardigans may be worn without a logo if wished. However, if you wish to you can purchase them from Kids and Co. with a logo or take the item bought elsewhere to Kids and Co. who for a small fee will add the school logo.)

Warm navy-blue tracksuit bottoms (not shiny or branded ones)

These items may be worn in warm weather but you always need to bring in the tracksuit bottoms so we can access the woods easily

Grey knee length skirt

Grey knee length pinafore

Grey shorts

Blue and white checked dress

White or grey socks / tights

Black shoes – the shoes need to be robust so that when the children are outside at lunch or break time as well as when outside learning their feet are supported. Ballet style shoes or ill-fitting shoes do not provide this support and should not be worn.

The shoes must be plain black with no decoration. They may be trainer styled shoes.

PE Kit

School PE Logo top

Navy shorts/skorts

Plain black trainers (Please provide non-laced ones until your child is able to tie their own laces)

Navy tracksuit bottoms

Navy sweatshirt/hoody

Hair

The children should wear their hair simply. This means no extreme haircuts including sculpting or shaved designs. No colour in hair. Hair bands and clips should be plain and small.

One small pair of earrings may be worn – if the child is not able to take them out they will be covered in tape during PE

Temporary tattoos, make up, other jewellery, nail varnish and festival bands should not be worn at school.

All uniform may be purchased from Kids and Co in Ryde – <https://www.kidsandcodirect.co.uk/>

Finally, please name all items. If you use pen to name the items, you will know that you need to write the name again several times throughout the year as it does wash out.



**PE DAYS -
PLEASE WEAR YOUR
PE KIT TO SCHOOL!**

PHYSICAL EDUCATION		AUTUMN 1 2026
	MONDAY	YEAR 6
	TUESDAY	YEAR 4
	WEDNESDAY	EYFS & YEAR 5
	THURSDAY	YEAR 3
	FRIDAY	EYFS, YEAR 1 & YEAR 2

After school clubs- Autumn 2026

St Mary's Catholic Primary School After School Clubs Autumn Term 1 Monday 7th September – Friday 16th October 2026 All clubs finish at 4pm unless otherwise stated Your child will NOT be offered a place until payment in full has been received, together with consent. All clubs are offered on a first come first served basis.	
Monday	Skateboarding (KS2) Run by John Cattle's Skate Club C.I.C Minimum 8. Starting 7th September (6 sessions). £4 per session. To book please go to your Compass Portal Homework Club (Yrs 2 - 6) Run by school staff Free to attend To book please go to your compass portal
Tuesday	Homework club is now on a Tuesday
Wednesday	Art Club (Years 2-6) Run by Portraits with Fleur Starting 9th September (6 sessions) £6 per session (£36 in total). To book please go to your Compass Portal Acrobatics (Years 1, 2 & 3) Run by Ella Sheppard School of Performing Arts Starting on 9th September (6 Sessions) Maximum 12 pupils @ £12.50
Thursday	Street Dance (Years 4, 5 & 6) Run by Ella Sheppard School of Performing Arts Starting on 9th September (6 Sessions) Maximum 15 pupils @ £10.00
Friday	Llama Drama (Years R-3) 3:00pm-4:00pm Starting 11th September (6 sessions). £30. To book: https://llama-drama-iow.classforkids.io/info/221 Llama Drama (Years 4-6) 4:00pm-5:00pm Starting 11th September (6 sessions). £30. To book: https://llama-drama-iow.classforkids.io/info/219

School Development Days 2026-27

Monday 1st September 2026

Friday 15th October 2026

Monday 26th July 2027

Tuesday 27th July 2027

Enter the St Mary's Autumn Fayre Competitions!

Friday 9th October

Scarecrow Competition!



- Make a scarecrow, stick man, Lego model or paper design.
- Bring it in for display and voting throughout the day.



Best scarecrow receives an autumnal prize!

Autumn Baking Competition!



- Cakes, biscuits, brownies or bread.
- Judging will be held during the Autumn Fayre.



Best bake receives a prize!

Wonky Veg Competition!



- Bring a funny-shaped vegetable – shop bought or home grown.
- Displayed in school for voting throughout the day.



Best wonky veg receives a prize!

Enter as a class, group of friends, family or on your own –
all entries welcome!

St Mary's **Mufti Day &** **Harvest** **Food Bank Collection**

Friday
9th
October



Come to school in mufti in exchange for a food bank donation.

We would welcome the following donations from each year group:

Reception

Tins:
Tinned vegetables, beans, soup, tomatoes

Year 1

Packets:
e.g. Pasta, rice, cereal

Year 2

Sweet treats e.g. Biscuits, chocolate, sweets

Year 3

Baking and cooking essentials:
e.g. flour, sugar, salt, and oil

Year 4

Tins:
e.g. Fish, fruit, custard

Year 5

Packets of dry foods
e.g. Noodles, stuffing, gravy granules

Year 6

Toiletries/household:
e.g. Soap, toothpaste, washing-up liquid

Enter the St Mary's Wonky Veg competition!

Got a funny-shaped vegetable?
We'd love to see it!



Knobbly spuds, crooked carrots and lopsided parsnips are all welcome in the wonky veg competition!



Shop bought or home grown, all entries welcome!

FRIDAY
9TH
OCTOBER

Bring your wonky veg along on **Friday 9th October** and they will be displayed in the school for you to vote on throughout the day.



Enter the **St Mary's** **SCARECROW** **COMPETITION!**



Whether you'd like to make a full size traditional scarecrow, a stick man version, build it with lego or design one on paper, we'd love to see what you can create!



Enter as a group of friends, family or on your own - all entries welcome!



Best scarecrow receives an autumnal prize!

FRIDAY
9TH
OCTOBER

Bring your scarecrow along on **Friday 9th October** and they will be displayed in the school for you to vote on throughout the day.





Enter the St Mary's Autumn Baking Competition!



Cakes, biscuits,
brownies or bread!



Wow the
judges with
your baking
skills!



Best bake receives
an autumnal prize!



FRIDAY

9TH

OCTOBER



Bring your entries along
on **Friday 9th October** and
judging will be held
during the **Autumn Fayre**.



ARE YOU ENTITLED TO FREE
SCHOOL MEALS?

Free
**School
Meals**



Healthy meals every day

APPLY NOW!

Remember you have
to reapply every year
even if your received
them last year.

ISLE OF WIGHT SCHOOL NURSING SERVICE

Supporting Children, Young People & Families

Our School Nursing Team is here to help.

We work with children, young people, parents, carers and schools to promote health, wellbeing and positive outcomes.



WE CAN HELP WITH:



PHYSICAL HEALTH

Support with health concerns that may be affecting school attendance.



HEALTHY LIFESTYLES

Advice about:

- Healthy eating • Nutrition
- Exercise and activity levels
- Maintaining a healthy weight



GROWTH CONCERNS

Support and advice regarding your child's growth and development.



SLEEP DIFFICULTIES

Practical strategies to help children and young people establish healthy sleep habits.



CONTINENCE CONCERNS

Support with:

- Bedwetting • Daytime wetting
- Soiling • Constipation



SMOKING & VAPING

Advice and support for young people wanting to stop smoking or vaping.



WHAT SCHOOL NURSES DO

- ✓ Promote health and wellbeing
- ✓ Support children and young people to achieve their best outcomes
- ✓ Provide confidential advice and guidance
- ✓ Offer early intervention and practical support
- ✓ Work closely with families, schools and other services
- ✓ Signpost to specialist services where needed



CONTACT OUR DUTY DESK

If you would like advice about any of the topics above, please get in touch.

0300 123 5224

We're here
to listen and
help.

Isle of Wight School Nursing Service

Our team is here to listen, support and help you find the right information and services for your child and family.



Healthy Children • Happy Families • Bright Futures

School Nurses supporting children and young people to thrive, achieve and reach their full potential.



Community News

AFTER SCHOOL CLUB

Fun, Friends & New Adventures Every Day!

OUR ACTIVITIES

- COOKING**
Create, bake and enjoy delicious treats!
- SPORTS**
Fun games, team activities and more!
- ARTS & CRAFTS**
Get creative and make something amazing!
- FILM FRIDAYS**
Relax, unwind and enjoy a great film!
- BOARD GAMES**
Challenge your friends and have fun!

SESSIONS

Flexible sessions to suit your needs

- 3-4**
1 HOUR OF FUN!
- 3-5**
2 HOURS OF FUN!
- 4-5**
1 HOUR OF FUN!

SNACK & TEA

- 3PM**
BISCUIT SNACK
- 4PM**
A LIGHT TEA
A choice of healthy, tasty options to keep everyone happy and full!

Play, Learn, Grow... Together!

A safe, friendly and fun place to be after school.

Community News



Ryde Information and Support Service



Unsure about some of the everyday stuff?
Come along and find out how things work - from bills & forms to letters & money

Wednesday 7th October 4pm - 7pm

the presentation will be repeated as and when

at Ryde Library, George St, Ryde



We will do a small presentation (from 4pm) that will help you understand:



Housing & Tenancy Issues

Understanding your rights and dealing with problems



Employment Rights & Responsibilities

Your rights at work, contracts, pay and more



Benefits & Financial Support

Help with benefits and financial support available



Utility Bills & Services

Understanding bills, payments and getting help



School Attendance & Absences

Understand the rules and what to do



Letters, Forms & Official Information

Understanding official letters, forms and notices

For more information, please contact: 07713 701382 or
community@rydetowncouncil.gov.uk

Support, reassurance, and a helping hand - all in one place.

Community News



Messy Church

JESUS IS THE LIGHT

 **Thursday 15th October 2026**

 **3.15 till 5pm**

 **St John's church Hall,
Ryde,
Po33 1bp**

**Fun /
fellowship
and food**

 **0-11 years**

 **Free**
donations welcome

 **Mobile**
07746043232

Community News



Does your child have or might have autism?

FREE ONLINE SEMINAR

“An Introduction to Parenting Children with Autism”

Insights and strategies for families

Thursday 22nd October 2026, 7.30 - 9.00 pm

No booking required!

Simply join the seminar by scanning the QR code or use the Zoom details below:

Meeting ID: 837 3366 5621
Passcode: 160704

If you prefer, feel free to email us at info@sfrust.org.uk for the Zoom link.



www.sfrust.org.uk



Scan the QR code for the Zoom link



Does your child have ADHD or ADHD traits?

FREE ONLINE SEMINAR

“An Introduction to Parenting Children with ADHD”

Insights and strategies for families

Thursday 8th October 2026, 7.30 - 9.00 pm

No booking required!

Simply join the seminar by scanning the QR code or use the Zoom details below:

Meeting ID: 890 8579 5122
Passcode: 492249

If you prefer, feel free to email us at info@sfrust.org.uk for the Zoom link.



www.sfrust.org.uk



Scan the QR code for the Zoom link



Is your child masking at school and crashing at home?

FREE ONLINE SEMINAR

“Understanding Masking and Burnout in Neurodivergent Children”

Insights and strategies for families

Thursday 26th November 2026, 7.30 - 9.00 pm

No booking required!

Simply join the seminar by scanning the QR code or use the Zoom details below:

Meeting ID: 864 1384 1446
Passcode: 303701

If you prefer, feel free to email us at info@sfrust.org.uk for the Zoom link.



www.sfrust.org.uk



Scan the QR code for the Zoom link



Does it sometimes feel like everything is a battle with your child or teen?

FREE ONLINE SEMINAR

Understanding Demand Avoidance in Neurodivergent Children (diagnosed or suspected)

Insights and strategies for families

Thursday 12th November 2026, 7.30 - 9.00 pm

No booking required!

Simply join the seminar by scanning the QR code or use the Zoom details below:

Meeting ID: 857 2711 9710
Passcode: 701137

If you prefer, feel free to email us at info@sfrust.org.uk for the Zoom link.



www.sfrust.org.uk



Scan the QR code for the Zoom link

Community News

**COMMUNITY FUND**

**Southampton Family Trust**
building relationships

FREE online course
8 weeks, term-time only

Parenting Children with ADHD

Do you have a 3-11 years old child with ADHD or ADHD traits?

Join our free course on Zoom for parents and carers in Hampshire

From 30th September to 25th November 2026
7:00 - 9:00 pm, on Wednesdays



Book by emailing:
info@sftrust.org.uk

Understand more about ADHD and learn about:

- Understanding your child and building connection
- ADHD brain chemistry, rejection sensitivity, self-esteem and emotional regulation
- Sensory needs, anxiety, demand avoidance and the body-behaviour link
- Meltdowns, shutdowns, aggression and keeping everyone safe
- School, masking, burnout and supporting your child beyond the classroom
- Masking, burnout, family life and sustainable parenting

 www.sftrust.org.uk  info@sftrust.org.uk

**COMMUNITY FUND**

**Southampton Family Trust**
building relationships

FREE online course
8 weeks, term-time only

Parenting Children with Autism

Do you have a 3-11 years old child with autism or autism traits?

Join our free course on Zoom for parents and carers in Hampshire

From 30th September to 25th November 2026
9.30 - 11.30 am, on Wednesdays



Book by emailing:
info@sftrust.org.uk

Understand more about autism and learn about:

- Understanding your child and their behaviour
- Sleep, eating, toileting and ARFID
- Anxiety, sensory needs and demand avoidance
- Meltdowns, shutdowns and aggression
- Positive parenting and stronger relationships
- School, masking, burnout and family life

 www.sftrust.org.uk  info@sftrust.org.uk

Building Relationships

FREE 6 week online course for couples

On Wednesdays, 7.30 - 9.00 pm
14th, 21st, 28th Oct; 18th, 25th Nov and 2nd Dec 2026

Covering topics such as Improving Communication, Managing Conflict and Feeling Closer to Each Other

The sessions:

- are on Zoom - attend in your own home
- are friendly and relaxed - no need to speak in the group
- need to be attended by both of you together



PRIVACY: each online session uses Zoom "focus" mode - which means you can't see the other couples and they can't see you. Any discussions between you and your partner will take place in private breakout rooms. Couples are not required to talk in the group.

Email us at info@sftrust.org.uk to book a place

**Southampton Family Trust**
building relationships

Community News

SPACES ARE AVAILABLE!

ALL AGES AND ABILITIES WELCOME
CLASSES TO SUIT EVERYONE.

LEGACY COMMUNITY GYMNASTICS ACADEMY

- FUN, EXCITING, SOCIABLE**
- HIGHLY QUALIFIED COACHES**
- SAFE ONLY PURPOSE-BUILT GYM ON THE ISLE OF WIGHT**
WE ARE NOT RUN FROM A SPORTS CENTRE OR A HIRED HALL.
- FAMILY OF GENERATIONS OF HIGHLY QUALIFIED COACHES**
- COMMUNITY RUN AND BASED**
WHICH MEANS WE ARE OPEN TO EVERYBODY!

PLEASE COME ALONG AND JOIN US!
BRING THIS LEAFLET AND GET YOUR SESSION

FOR ONLY £5 TRIAL!

EMAIL
LEGACYCOMMUNITYIOW@GMAIL.COM
to book on

SEE YOU ALL SOON!

Community News



Parenting Puzzle and Nurturing Programme

Spaces Available click the link or scan the QR code



Both courses can help you:

- Understand your child's emotional needs
- Build stronger communication and connection
 - Manage behaviour positively
- Feel more confident in your parenting

Parenting Puzzle - 4 sessions for parents and carers only whose children are aged **3 to 5 years**.

Tuesday mornings – starting 22nd September
Online via Teams

Nurturing Programme - 8 sessions for parents and carers only whose children are aged **5 to 13 years**.

Monday mornings – starting 21st September
At Ryde Family Hub



[https://ParentingPuzzle22ndSept.
eventbrite.co.uk](https://ParentingPuzzle22ndSept.eventbrite.co.uk)

[https://nurturingprogramme21sept.
eventbrite.co.uk](https://nurturingprogramme21sept.eventbrite.co.uk)



Changing childhoods.
Changing lives.



**HEALTHY
BABIES**



**Isle of Wight
Council**

Barnardo's Registered Charity Nos. 216250 and SC037605 244231sh23

Community News

RYDE SAINTS U8 GIRLS FUN FOOTBALL SESSIONS



FOR ALL GIRLS IN SCHOOL YEARS 2 AND
3 (School years from September 2026)!

WEDNESDAYS 6-7PM AT RYDE SCHOOL
WITH UPPER CHINE (QUEENS ROAD,
RYDE) (PO33 3BE)

SCAN THE QR CODE TO REGISTER YOUR
DAUGHTERS INTEREST



Contact jaydenfrankling@gmail.com with any questions

Community News

ADULT LEARNING

Autumn 2026



Funded by
UK Government



All workshops and courses are for adults (19+ years old) and take place at The Learning Centre, Westridge, Ryde, PO33 1QS. To book your place go to www.iow.gov.uk/adcourses

NOCN Functional Skills in English and maths

All NOCN courses are fully funded.
All start the week commencing Monday 7 September 2026.

Newport and Carisbrooke Community Council

- Maths, Mondays 1pm to 3pm.
- English, Tuesdays 9.30am to 11.30am.

Sandown Library

- Maths, Tuesdays 9.30am to 11.30am.
- English, Tuesdays 12.30pm to 2.30pm.

Downside Community Centre

- Maths, Tuesdays 9.30am to 11.30am.
- English, Tuesdays 12.30pm to 2.30pm.

The Learning Centre, Ryde

- Maths, Wednesdays 9.30am to 11.30am.
- Maths, Wednesdays 12.30pm to 2.30pm.
- English, Wednesdays 12.30pm to 2.30pm.
- Maths and English, Thursdays 6pm to 8pm.

East Side Curve, East Cowes

- Maths, Thursdays 9.30am to 11.30am.
- English, Thursdays 12.30pm to 2.30pm.

NOCN Level one portfolio awards

Skills for employment, training, and personal development. Employability skills and confidence for the workplace, with progression to further study or employment. Covers English, maths, personal development, communication, self-confidence and future career options. Contact us for more details.

ICT

All courses are fully funded.

Computers for beginners

Six week course.
Thursdays 10 September to 15 October, 9.30am to 12.30pm.
Tuesdays 10 November to 15 December, 9.30am to 12.30pm.

Everyday computer skills

Six week course.
Mondays 7 September to 12 October, 9.30am to 12.30pm.
Thursdays 12 November to 17 December, 9.30am to 12.30pm.

Spreadsheets

Six week course.
Tuesdays 8 September to 13 October, 9.30am to 12.30pm.

Word processing

Six week course.
Mondays 9 November to 14 December, 9.30am to 12.30pm.

Careers

Fully funded.

One to one career appointment dates, please contact us for available times.

- Friday 18 September
- Friday 2 and 16 October
- Friday 13 November
- Friday 11 December

Art

Oil painting portrait sketches

Workshop.
Saturday 10 October, 10am to 3pm.
Cost £45.

Basic drawing

Three week course.
Mondays 9 to 23 November, 9.30am to 12pm. Cost £60.

Coloured pencil land and seascapes

Workshop.
Saturday 21 November, 10am to 3pm. Cost £45.

Expressive watercolours

Workshop.
Tuesday 1 December, 10am to 3pm.
Cost £45.

For more information and to book your place.

iow.gov.uk/adcourses

01983 817280 - option one

ad@iow.gov.uk

IWCACL

Craft

Beginners' wirework rings

Workshop.
Saturday 3 October, 10am to 3pm.
Cost £45.

Mindful woven wall art

Workshop.
Friday 9 October, 10am to 3pm.
Cost £45.

Patchwork tote bag

Two week course.
Tuesdays 3 to 10 November, 6pm to 8.30pm. Cost £45.

Willow star lanterns

Two week course.
Fridays 20 to 27 November, 10am to 1pm. Cost £50.

Festive wire earrings

Workshop.
Sunday 22 November, 10am to 3pm. Cost £45.

Macrame gonks

Workshop.
Sunday 29 November, 10am to 2pm. Cost £40.

Van Gogh inspired mosaic

Workshop.
Friday 4 December, 10am to 3pm.
Cost £50.

Lino printed cards and tags

Workshop.
Sunday 6 December, 10am to 2pm. Cost £40.



Isle of Wight
Council

Community News

SANDOWN SUNDAY SOCCER



INTRODUCING OUR FUN FOOTBALL SESSION AT THE BAY PRIMARY SCHOOL SANDOWN!

OUR FUN SESSION WILL BE:

*Every Sunday 10am-12pm
at The Bay Primary School,
Winchester Park Road, Sandown.
£6 for the 2 hours per child.*

To Book: Text your child's
name, school, year group
and parent name
to **07594 389531**



Find us on
facebook

Sandown Soccer - Isle of Wight



Community News

DOES YOUR CHILD ENJOY BEING ACTIVE AND HAVING FUN?

IS YOUR CHILD TOO YOUNG TO JOIN A TEAM?

DOES YOUR CHILD WANT TO BUILD THEIR CONFIDENCE IN A SPORTING ENVIRONMENT?

DOES YOUR CHILD WANT TO PLAY FOOTBALL BUT NOT IN A TEAM YET?

IF YOU'VE ANSWERED YES TO ANY OF THOSE QUESTIONS, WE'VE GOT THE PERFECT SOLUTION! WE PROVIDE A SAFE, ENJOYABLE AND NON-COMPETITIVE ENVIRONMENT WHERE CHILDREN CAN HAVE FUN WHILST DEVELOPING AND IMPROVING THEIR FOOTBALL SKILLS.

OURS AIMS ARE:

- **TO ALLOW CHILDREN TO HAVE FUN THROUGH FOOTBALL**
- **TO IMPROVE CONFIDENCE AND SOCIAL SKILLS.**
- **TO LEARN AND IMPROVE BASIC FOOTBALL SKILLS. CONTROL, PASSING, DRIBBLING.**
- **TO DEVELOP AGILITY, BALANCE, CO-ORDINATION, SPEED (ABC'S).**

Our fully FA qualified coaches have up to date First Aid training and are DBS checked. Each session will be packed full of fun games played in teams, and as individuals, to help children build friendships as well as independence.

To Book: Text your child's name, school, year group and parent name to 07594 389531